

To earn a Preschool Child Development Associate (CDA) credential, start by completing a minimum of 120 clock hours of training in CDA Subject Areas outlined by the Council for Professional Recognition. Below are the courses Texas A&M AgriLife Extension offers tailored for Preschool CDA preparation, covering topics such as the credentialing process, building your portfolio, effective observation, advocacy, creativity, literacy support, and more.

PLANNING A SAFE AND HEALTHY LEARNING ENVIRONMENT

- [Age-Appropriate Nutrition, Feeding, and Support for Breastfeeding](#) (2 hours)
- [Emergency Planning for Child Care Providers](#) (2 hours)
- [Infection Control in Child Care Settings](#) (2 hours)
- [Injury Prevention and Child Safety in Child Care Settings](#) (1 hour)
- [Managing Common Childhood Illnesses in Child Care](#) (2 hours)
- [Medication Administration in Child Care: Ensuring Children's Safety](#) (2 hours)
- [Pediatric First Aid: Protecting the Well-Being of the Children in Your Care](#) (2 hours)
- [Poison Prevention and Safety in Child Care Programs](#) (2 hours)
- [Food Safety on Special Occasions](#) (1 hour)
- [Promoting Oral Health: A Texas Healthy Building Blocks Training](#) (1 hour)
- [Teaching Children Health & Safety Habits](#) (2 hours)
- [Preschool Learning Environments](#) (2 hours)

ADVANCING CHILDREN'S PHYSICAL AND INTELLECTUAL DEVELOPMENT

- [Age-Appropriate Physical Activity for Children](#) (2 hours)
- [Outdoor Play and Learning: A Texas Healthy Building Blocks Training](#) (1 hour)
- [Physical Activity & Screen Time: A Texas Healthy Building Blocks Training](#) (1 hour)
- [Math for Preschool](#) (4 hours)
- [Supporting Language Skills \(including Dual-Language Learners\)](#) (4 hours)
- [Supporting Literacy Skills](#) (4 hours)
- [Creativity](#) (3 hours)
- [Science and Technology for Preschool](#) (4 hours)
- [Nature and Social Studies for Preschool](#) (2 hours)
- [Integrating Learning Across Subject Areas](#) (1 hour)

SUPPORTING CHILDREN'S SOCIAL AND EMOTIONAL DEVELOPMENT

- [Fostering Children's Self-Esteem](#) (1 hour)
- [Helping Children Resolve Peer Conflict](#) (1 hour)
- [Positive Guidance and Discipline](#) (1 hour)
- [Strategies for Caring for Preschool and School-Age Children with Challenging Behaviors](#) (2 hours)
- [Supporting the Establishment of Strong Peer and Adult-Child Relationships in the Inclusive Child Care Environment](#) (2 hours)
- [Strategies for Promoting Social-Emotional Learning and Growth in Preschoolers](#) (1.5 hours)
- [Supporting Children's Social and Emotional Development](#) (1 hour)
- [Strategies for Helping Preschool and School-Age Children Develop Self-Help Skills in the Inclusive Child Care Setting](#) (2 hours)
- [Reflecting on My Social Emotional Practice](#) (2 hours)

For more information regarding credentialing requirements, please refer to the official Preschool Child Development Associate (CDA) page: <https://www.cdacouncil.org/en/educator-pathways/preschool/>

BUILDING PRODUCTIVE RELATIONSHIPS WITH FAMILIES

- [Partnering with Families](#) (1 hour)
- [Establishing Positive Relationships with Families](#) (1 hour)
- [Strategies for Partnering with Families of Children with Special Needs](#) (2 hours)
- [Defining the Importance of Families](#) (4 hours)
- [Family Engagement](#) (2 hours)

MANAGING AN EFFECTIVE PROGRAM OPERATION

- [An Introduction to Inclusive Child Care for Preschool and School-Age Children](#) (2 hours)
- [Child Maltreatment: A Guide for Child Care Professionals](#) (2 hours)
- [Professionalism and Collaboration](#) (3 hours)
- [Standards, Policies, and Guidelines](#) (3 hours)

MAINTAINING A COMMITMENT TO PROFESSIONALISM

- [Advocacy](#) (2 hours)
- [CDA Credentialing Process](#) (2 hours)
- [Creating Your CDA Portfolio](#) (4 hours)
- [Ethics, Values, and Vision](#) (4 hours)
- [Intentionality, Reflection, and Professional Development](#) (4 hours)

OBSERVING AND RECORDING CHILDREN'S BEHAVIOR

- [Assessing Children](#) (4 hours)
- [Purposeful Observation](#) (4 hours)
- [Teaching with Intentionality](#) (4 hours)

UNDERSTANDING PRINCIPLES OF CHILD DEVELOPMENT AND LEARNING

- [Activity-Based Support in Inclusive Preschool and School-Age Child Care](#) (2 hours)
- [ADD and ADHD: Child Care Strategies for Managing Behavior and Classroom](#) (1 hour)
- [Autism Spectrum Disorders: Child Care Strategies for Managing Behavior and Classroom](#) (2 hours)
- [Child Growth and Development from Infancy to School-Age](#) (2 hours)
- [Strategies for Caring for Preschool and School-Age Children with Sensory Integration Issues](#) (2 hours)
- [The Value of Play for Preschool Children](#) (1 hour)
- [Child Development Theories](#) (2 hours)