

Go NAPSACC

Recorded Consultant Training

✓ **Steps of Training**

✓ **Assignment**

✓ **Certification**

Consultant Training

Step 1: Watch Part 1 of the Training: [Go NAPSACC Provider Tools Training.](#) (~75 minutes)

Step 2: Complete the **assignment** in the demo website (*see pages 2-6*). (~60 minutes)

Step 3: Complete the [Provider Tools Survey.](#)

Step 4: Watch Part 2 of the Training: [Go NAPSACC Consultant Tools Training.](#) (~75 minutes)

Step 5: Complete the [Consultant Tools Survey.](#)

Consultant Certification

- The Go NAPSACC Team will review your training. Once you have completed all 5 steps above, you will be certified as a Go NAPSACC TA Consultant!
 - Go NAPSACC will send you a certificate of completion. Your state's Go NAPSACC lead will be notified of your training completion.
 - Your state lead will invite you to register for a Go NAPSACC TA Consultant Account.
 - Please allow 2-3 weeks for your Certification Process.
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Getting Started

- Your [state lead](#) or program manager knows the specific plan for your state's implementation of Go NAPSACC. Check with them for further direction. Soon you will be able to invite child care programs to get healthy the Go NAPSACC way!
- Look for NAPSACC Notes in your inbox for additional Go NAPSACC training opportunities.
- Follow us on Social Media @GoNAPSACC. [f](#) [i](#) [in](#) [p](#) [x](#)

Go NAPSACC

Provider Tools Training Assignment

This assignment will allow you to practice with the online Provider Tools. You will create a practice **provider account** in the demo site. This familiarity with the tools will allow you to support providers as you provide technical assistance. Additionally, you will be able to return to your practice provider account to orient providers and see the Go NAPSACC site as they do. In Part 2 of the training, you will learn about the Consultant Tools on Go NAPSACC.

To complete this assignment, you will...

1. Register for a **provider account** on the [demo site](#). Click on **Join Today** and then **Directors & Owners** to get started. See registration codes on **last page**. Record username and password in the table below. *Tip: Go NAPSACC works best on Google Chrome.*
2. **Pick one scenario** from below as a guide to practice with the self-assessment, action planning, and tips & materials tools. Use your imagination and experience to fill in any details that are not described in the scenario.
3. Complete this brief [Provider Tools Survey](#) to give us feedback on our training and answer questions on your assignment. This completes the first half of your training.

My Go NAPSACC demo site account information:

This alternate website and the account you create are just for practice. Do not use the site or account in your actual work with participating providers. However, keep track of this link and username to access a **sample** provider tools account down the road.

<https://napsacc.schr.unc.edu/napsaccdemo/>

The “forgot your password” and “forgot your email” functions do not work on the demo site.

You must remember this information to get future access to your account.

My Go NAPSACC DEMO Username (email)	My Go NAPSACC DEMO Password

To finish your Go NAPSACC certification, you will...

1. Watch the second training: [Go NAPSACC Consultant Tools Training](#).
2. Complete the [Consultant Tools Survey](#) to give us feedback on our training and show that you attended both sessions. This completes the Go NAPSACC Certification Process.

After completing all elements of the training, you will receive your Go NAPSACC Certificate. At that point, your name will be given to your state Go NAPSACC lead as certified. They will send you an invitation or give you the registration code for the main website (www.gonapsacc.org). You can then register for a **consultant account** and start working with providers. Please allow 2 weeks for processing. Feel free to use the practice account that you have created to get acquainted with other modules, view the child care provider trainings and to orient child care providers to the site. **Contact us at gonapsacc@unc.edu with any questions or concerns.**

Now, proceed with the assignment

Choose one of the three scenarios and proceed with the assignment below. Use the questions that follow to guide your progress through the site and help you think about what may hinder or assist providers in their progress. You do not need to turn in this handout. It is simply to guide your work. **You will log your experience through the survey linked below.**

Scenario 1: Child Nutrition

*ABC Early Development Center is a large center. Their 30 staff serve approximately 150 children, from 12 weeks to 5 years. The director wants to focus on **Child Nutrition**. She's noticed families asking for advice on picky eating, and she's realized the important role her center can play in helping shape children's eating habits.*

She feels her center is doing well in some areas, such as serving fresh fruits and healthy beverages. Her teachers sit at the table with children during meals and role model healthy eating. She hasn't tried to transition over to whole grain foods or experiment much with new vegetables. While she's been moving away from high-fat meats, she has found it hard to completely get rid of chicken tenders. She's a little worried about the added cost of healthy menu changes, but mainly worried that the children will not like the new dishes. She has a good relationship with the cook, who is willing to try out some new ideas.

Scenario 2: Infant & Child Physical Activity

*Building Children is a small center. Their 8 teachers serve approximately 45 children, from 12 weeks to 5 years. Their director is interested in focusing on **Physical Activity**. She has started exercising more to lose weight and has really come to enjoy it. She thinks that more physical activity could help both her teachers and children feel their best.*

The director has worked at Building Children for years and has a great relationship with her teachers. The 3-5 year old classroom teachers do a good job of getting outside for free play time daily, but it's more sporadic with infants and toddlers. Indoors, she sees some "music and movement" but not a lot of teacher-led physical activity for any age. The classrooms have a fair amount of equipment that could be used for gross motor play. She thinks that teachers could do more and that the children would enjoy it.

Scenario 3: Breastfeeding & Infant Feeding

*Loving Magic Day Care Center serves 80 children aged 12 weeks to 5 years. Loving Magic's Director takes pride in the fact that many of the infants that start in her infant room continue through preschool at her center. Her center has participated in programs in the past focused on physical activity and nutrition for older children, but now she's interested in **Breastfeeding & Infant Feeding**. She recently did a webinar on this topic and given her years of experience, was surprised how much new information she learned.*

Loving Magic does a good job of accommodating breastfeeding mothers and showing support for breastfeeding. However, babies are often fed on fixed schedules and teachers often encourage finishing bottles and bowls of food. She has a feeling that like her and her teachers, many of her families might be holding onto "old school" ideas about how, when, and what to feed infants.

Follow these instructions & respond to questions

1. **Take the self-assessment** associated with your chosen scenario. Use the information above and your experience as a consultant to complete the self-assessment as if you were the director. Think about whom else at the center could help the director complete the self-assessment thoroughly and accurately and build buy-in for later changes. Which self-assessment questions (if any) might your providers have trouble understanding and what can you do to help?

2. Review the Self-Assessment results. What stood out to you?

3. Choose up to 3 goals and complete at least 1 action plan.

Use the initial scenario as a guide. As you create the action plan, think about steps or strategies you might prompt the director about to build on strengths and avoid pitfalls.

4. Search the Tips & Materials library for resources to help with at least one of the selected goals.

What is one resource that could help with this goal?

Thinking about resources available in your state or community, what is another organization or resource that could assist providers in this module?

Congratulations! You've finished the assignment. Complete this [Provider Tools Survey](#). After completing your assignment and the survey, you can view Part 2 of the Go NAPSACC training: Consultant Tools.

Demo Site Registration Codes

Use your state's code when you register for the demo site:

<https://napsacc.schsr.unc.edu/napsaccdemo/>.

Tip: Go NAPSACC works best in Google Chrome. Register and use your account on Chrome.

This code only works in the demo site. A registration code for the live Go NAPSACC site will be sent to you once you complete your Go NAPSACC Training.

Alabama	TFKZZHGU
Alaska	BPXGHVTP
Arizona	TQICLAZZ
Arkansas	ZTQTSATB
Connecticut	BWUXMLQL
Florida	EUGHZKSO
Illinois	VPFISHEO
Indiana	IGZCNTEA
Iowa	PKAVKSJW
Kansas	VHBFUGKC
Kentucky	OCWRCZUP
Louisiana	KCCGEWNL
Maine	IDZEAHDX
Michigan	UBTABVUH
Missouri	OKDGTGXL
Mississippi	RWBNQEFT
Nebraska	MXDKQROD
North Carolina	NSLQREXE
Oklahoma	PVTHRBIQ
Pennsylvania	TLBAUTMG
South Carolina	TBEVLPBU
Texas	AKAABOPZ
Wisconsin	SNTISCBK